Online Safety for Children by Paul Kennedy, Deputy Head of Secondary

Many parents are concerned about the risks posed by the internet to their children, but how can young people be protected online? It’s in our homes, on the street, in schools and on our phones. The internet is available everywhere we go, but the exhilarating freedoms it offers also prompt serious concern that there is potential for children to be harmed by their eagerness to interact with this technology. What are the specific risks that children encounter online, and how can parents protect their children without compromising access to the wealth of knowledge the internet offers?

Cyberbullying

Users can post anonymously using these apps. And children may feel particularly scared if they don’t know who is bullying them.

Inappropriate content

Because they’re anonymous, it’s very difficult to hold users accountable. It can be easier for children to access content that may be upsetting or unsuitable for their age – such as content that promotes self-harm.

Inappropriate behaviour

Children may be drawn into saying and doing things they would never do offline, because the behaviour of other users and the anonymity makes it seem OK.

What can parents do to keep their children safe when using the internet?

Talking to your child is one of the best ways to keep them safe. You can also use parental controls on social networks, online games and browsers and on both hardware and software that can filter or monitor what your child can see.

Preventing your children from using the internet or mobile phones won’t keep them safe in the long run, so it’s important to have conversations that help your child understand how to stay safe and what to do if they ever feel scared or uncomfortable. The following tips can help you child be safer when using the internet.

1. Have a conversation about internet safety
2. Set rules and boundaries for internet use
3. Use parental controls to filter, restrict and monitor content.
4. Have the laptop/PC in the living room where you can keep a discreet eye on what the children are using the internet for. The internet, when used correctly, is a great tool for children and young people when completing homework, projects or for finding out information on a particular topic they may be interested in. It can help expand their knowledge and understanding of the world around them.

Tournament of Minds Champions! By Ms Marie Beanland, Head of Faculty for English and Humanities

It was with nervous excitement that our two mixed aged teams, comprising of Year 7 and Year 8 students, set off for Bangkok on Saturday 5th March, to participate in the 5th annual Tournament of Minds (TOM) Competition. Tournament of Minds originates in Australia and is a problem-solving program for teams of up to seven students. TOM is an opportunity for students with a passion for learning and problem-solving to demonstrate their creative skills and talents in an exciting, vibrant and public way. Our students were required to solve demanding open-ended challenges from one of the following disciplines: Language Literature; Maths Engineering or Social Sciences.

One team elected the Maths Engineering discipline where their challenge was to build a vehicle that rolled and could be steered, to transport a cargo along a specified path to its destination using only nearly invisible rods with appropriate attachments. The vehicle
rods, lines and attachments had to be made from clear plastic (so they were nearly invisible). The students were allowed to select a time and place in which to situate their presentation.

The other team selected the Social Sciences discipline. Their challenge was to select three people from the following list: Marie Curie, Florence Nightingale, Shakespeare, Beethoven, Henry VIII, Julius Caesar, Leonardo da Vinci, Cleopatra, JRR Tolkien. These famous historical figures were selected to compete in a reality TV survivor-style challenge. The team had to outline each of their selected character's contribution to society and the possible consequences of his/her deletion from history. They also had to decide who would stay, who would be voted out and what the actual impact of their extraction from history would be.

The teams had six weeks to work on these long term challenges without direct input or assistance from teachers, parents or peers. They were encouraged to explore possibilities and experiment with ideas to produce their best possible solution. They also had to develop a creative and original way to communicate their solution to others, working within predefined parameters such as limited production materials, complex challenge criteria and the deadline of Tournament Day.

On Tournament Day, the students had to present their solution to the challenge to a panel of judges and an audience. They had ten minutes to present their solution and their presentation had to be carried out within a 3 x 3 meter performance area.

In addition to this, the students also had to participate in a previously unseen Spontaneous Challenge. This challenge required that rapid exchange of ideas, the ability to think creatively under the pressure of time and the ability to demonstrate well-developed group cooperation skills.

We are extremely proud to announce that our two teams competed with some of the biggest and most renown schools in Bangkok and acquitted themselves admirably, with our Secondary Social Sciences team being placed 1st and our Maths Engineering Team being placed 2nd. Both teams will now be invited to attend the 2016 Australasian Pacific Final which will be held on the Gold Coast of Australia.

Finally, I would like to illustrate the real world benefits that participating in TOM brings to students. It looks beyond traditional academic achievement and understands that the pursuit of excellence knows no boundaries. In our ever evolving world, working in teams, effective problem-solving, thinking outside the box and using technology are attributes that society is searching for in an employee or an entrepreneur of tomorrow. It is fantastic that our students accepted the challenge and learned so much on their journey to Tournament Day. I would like to thank Mr Joel Adams and Miss Hayley Milner for their invaluable work with the students.

For TOM video click link here: https://www.youtube.com/watch?v=aXeiRe2CTT8&feature=youtu.be

Mom's Night Out

We welcome all of the beautiful mothers in the HeadStart community to join a fun evening of music, dancing and enjoyment at La Bodega in Jungceylon.

**Dress code:** colourful and beautiful!

Tickets are only 700 Baht and include a photo booth, finger food, 2 drinks as well as live music and performances. Tickets go on sale on the 23rd of March at the HeadStart office or directly from La Bodega.

For more detailed information please contact Mile at 0801421915.
**Parent Committee Notes**
The HeadStart Parent Committee, which consists of 16 parents, and members of managements met together to discuss various issues having to do with school life, the HeadStart community and upcoming events. Below is a list of the items brought up along with the conclusions that management will implement. Please remember that if you would like the Parent committee to represent your ideas and comments you can e mail them at: parentcommittee@headstartphuket.com.

<table>
<thead>
<tr>
<th>By</th>
<th>Agenda Point</th>
<th>Conclusion</th>
</tr>
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<tbody>
<tr>
<td>Jazon</td>
<td>Next Parent Committee meeting is scheduled for Thursday, May 26th</td>
<td>The school office will send an invitation to the Parent Committee members two weeks before the meeting date. The members of the committee should reply whether or not they are able to attend and e-mail points of discussion in advance. Parents not on the Parent Committee wishing to bring up points should contact a member of the Parent Committee or e-mail <a href="mailto:parentcommittee@headstartphuket.com">parentcommittee@headstartphuket.com</a>.</td>
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<tr>
<td>Grace</td>
<td>Some students have been learning Thai as a Foreign Language for quite some time now but are still struggling with basic conversational Thai</td>
<td>The Thai department will ensure that a Thai curriculum outline is given to parents. The school provides 3 separate curricula for Thai studies. Students following the Thai First Language and Second Language courses achieve strong levels of Thai however parents of students following the Foreign Language Thai should consider submerging their child in more of a Thai atmosphere on the weekends and after school in order to give them more experience with speaking conversational Thai as the classes on their own will not be enough to be fluent.</td>
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<td></td>
<td>Swimming Pool is often cloudy. The problem seems to be reoccurring.</td>
<td>We would like to assure all parents and students that the chemical balance in the swimming pool is within the acceptable levels for both sanitary and safety standards for all our students at the school. If you have noticed some cloudiness in the pool, please bear with us as we transition from chlorine to salt water pool which is causing some discolouration. Please be assured that we would never put our student's health and safety at risk by allowing them to swim in an unsafe or unhygienic pool. Mr Pike, our Head Swim coach, continues to regularly monitor the pool conditions which has greatly improved over recent days and continues to do so.</td>
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<tr>
<td>Jazon</td>
<td>Parents would like to see an improved exam review pack for students. This will help the students prepare for upcoming exams efficiently.</td>
<td>Jason Edouard presented the Parents Committee with a sample of the newly organised exam packs prepared by the teachers. The Parent Committee agreed that the layout and format will work for the students. The 23 24th of March are designated for mock exams to prepare the Year 6 and 9 students for the Checkpoint Exams which will be held on April 28-29th.</td>
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<tr>
<td>Adi</td>
<td>HeadStart Network. Now that the school is bigger it is a good time to start a school Alumni. Can the school find more structured ways to connect families of different nationalities together?</td>
<td>Parent Committee contact information details will be given to new families as part of the welcome pack. This way, new parents will be able to establish links to the already existing HeadStart community.</td>
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<tr>
<td>Mi Kang Kim</td>
<td>Parents should not be allowed to reprimand or interact inappropriately with children other than their own at school.</td>
<td>This is already a school policy and outlined in the Parent Handbooks. HeadStart management will place an announcement reminding parents of this issue in the weekly update. Parents who witness or experience this should report this to school management and offending parents will be warned to follow school policy and procedures.</td>
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<tr>
<td>June</td>
<td>Parents of the Primary students are concerned as the students are wrestling WWE style in school. It seems like they are watching this programme at home on You Tube and then trying to copy it with their friends.</td>
<td>HeadStart recommends that parents control the amount of YouTube children watch at home as well as to control the content of what they are watching to ensure that it is age appropriate. HeadStart will organise an assembly to address the issue, teachers will discuss this issue in class and the teachers on duty will continue to ensure that students play safely during break times.</td>
</tr>
<tr>
<td>Sriya</td>
<td>Foundation parents feel that the students are watching too much TV during break times.</td>
<td>This issue will be addressed by the Head of Primary at the next Foundation teachers meeting. Teachers will be advised to keep the students engaged in other activities.</td>
</tr>
</tbody>
</table>
Parents feel that HeadStart is missing some nature. With the construction of a new building we need to add some ‘green’ areas that include life cycles of small animals and plants such as worms, insects, flowers, trees, etc. Is it possible to allocate areas that have real grass for students to experience growing crops, ploughing and watering them?

We will design, build and maintain two garden areas for students to experience basic farming and gardening. The Foundation Garden will be in the outdoor learning area behind the Foundation building. The Primary Garden will be in the Primary playground. The Eco Committee will design and manage this programme.

Books for Primary. Parents have expressed that they only receive worksheets from school but do not know the overall curriculum for each subject except Thai where they receive an actual book from class. Can the school please provide parents with a clearer outline of the curriculum along with better access to the books?

Curriculum Outlines are given to parents on Orientation Day at the start of every academic year. We will now create Curriculum Outline Booklets which will be given to all parents for Foundation – Year 9 students. These booklets should be easier for parents to keep and refer to than the paper handouts which may currently be getting lost. The new Curriculum Outline Booklets will be given to parents on Orientation Day at the start of next academic year.

HeadStart Yearbook Sponsorship Opportunity by Ms Anisa van der Laan, Yearbook Coordinator

HeadStart International School will now begin compiling our annual Year Book for the 2015-2016 academic school year. This document will be a reflection of our student body and teaching staff, and will feature pictures of the many events and activities that our school has participated in throughout the school year. A projected total of 500 copies will be published and distributed to students, parents, teachers and the local community by mid-June, 2016.

We would like to present you with an invitation to advertise your company or product to the HeadStart community by offering you a spot in our annual Yearbook as sponsors. This could be the perfect opportunity for your business to reach our entire school community and beyond. If you are interested in this opportunity, or have any inquiries please contact me at avanderlaan@headstartphuket.com or Nuk in the front office at nuk@headstartphuket.com.

Revision Guides for Secondary School Examinations by Mr Mark Goodman, Head of Secondary

HeadStart are trying to centralise as much information for parents and students as possible within the school website. The next big examinations within Secondary are the Cambridge Checkpoint exams. Parents and students can find information such as mock and real exam dates, exam tips and past papers at this link http://headstartphuket.com/secondary/examination-revision-guides/checkpoint/. Very shortly, we will be uploading revision guides for iGCSE and for AS level examinations. Please do have a look at the school website for a whole host of useful information.

Additional Support for Geography Students by Mr Lowcock, Geography teacher

Year 11 students who want to improve their Geography knowledge for their iGCSE exams are now being offered extra classes - every Tuesday could give your grades a much needed boost at this critical time of the year. You could go from a D to a C or even from an A to an A*. This boosting revision refresher course will fill in knowledge gaps and will focus on Key Topic knowledge for Paper 1 (Population & Settlement / The Natural Environment / Economic Development), plus development of Geographical Skills/Map Skills (Paper 2) and Fieldwork Skills (Paper 4). Please see Mr Lowcock in the Geography room to sign up.

Student Lockers from the Parent Handbook

Students are assigned a locker and padlock at the beginning of the school year and may use only that locker. If a student loses a key, a replacement padlock and key will be provided at a cost of 100 baht. Students should leave valuable items in their personal lockers. Each student is entitled to one locker, and for security reasons, should not share a locker with other students. Open containers with food, drink, etc. should not be in lockers. Students will not place any suggestive or questionable writing, pictures, or signs in these lockers, nor will any form of writing or pictures be placed on the external door of the lockers.

Parents Meeting Invitation to Korean Parents

HeadStart invites all Korean parents to a meeting on the 16th of March between 2:00-3:00 pm in the Primary Hall. We have organised a translator so that we can speak in depth regarding any questions you may have, go over school issues as well as give you a forum to make suggestions to management. Please confirm with Parent Committee member Kim if you will be attending.
**House News**

As predicted, English and Humanities week have altered the positions for our House competitions. The Green House have been knocked off their throne in what can only be described as an excellent effort by the other houses. ‘Just a Minute’ was won by the Yellow House pushing them into first place. The Red House then overtook them by winning the Giant Scrabble competition in both Primary and Secondary. The fortnightly Maths Question gave more points to the Yellow House but two entries from the Green House gave them extra points again. Students also took part in a quiz every morning which the Red House narrowly won with 1 point.

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**Total House Points:**

<table>
<thead>
<tr>
<th>House</th>
<th>Points</th>
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<tbody>
<tr>
<td>Yellow Cheetahs</td>
<td>1545</td>
</tr>
<tr>
<td>Red Cardinals</td>
<td>1556</td>
</tr>
<tr>
<td>Green Dragons</td>
<td>1519</td>
</tr>
<tr>
<td>Blue Tigers</td>
<td>1466</td>
</tr>
</tbody>
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**HeadStart’s Got Talent**

On the 23rd of March we host our annual talent competition. Students from Primary and Secondary are encouraged to come and audition on the 16th - 18th of March in the Music rooms. The event is sponsored by Hard Rock Cafe. Students stand a chance to win fantastic prizes and score House Points for their Houses by participating. Due to this event being on a Wednesday afternoon we are expecting students to wear House shirts on the 23rd of March rather than on Friday the 25th. For more information contact Mrs Cramp at ecramp@headstartphuket.com

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**Date** | **Day** | **House Events**
---|---|---
11 March | Friday | Weigh Your Waste
23 March | Wednesday | HeadStart’s Got Talent
29 April | Friday | Weigh Your Waste/ Y7 inter House football
13 May | Friday | Weigh Your Waste/ Y8 inter House football
27 May | Friday | Weigh Your Waste/ Y9 inter House football
10 June | Friday | Weigh Your Waste/ Y10 inter House football
24 June | Friday | Weigh Your Waste/ Y11 inter House football
Vova in Year 10 has challenged himself to complete all remaining tasks in MyiMaths before the end of Term 2. 😱

We invite everyone to sponsor him. All donations will go to our current Charity Appeal.

**SPONSOR VOVA!!!**

<table>
<thead>
<tr>
<th>February Student of the Month Science</th>
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<tbody>
<tr>
<td>Year 1</td>
</tr>
<tr>
<td>1B – Daniel Weale</td>
</tr>
<tr>
<td>Year 1</td>
</tr>
<tr>
<td>1Y – Ton (Pakin) Chalengsakdi</td>
</tr>
<tr>
<td>Year 2</td>
</tr>
<tr>
<td>2B – Zoe Harrison</td>
</tr>
<tr>
<td>Year 2</td>
</tr>
<tr>
<td>2Y – Prim (Kanticha) Prateep Na Thalang</td>
</tr>
<tr>
<td>Year 3</td>
</tr>
<tr>
<td>3B – Natt Kritchanarat</td>
</tr>
<tr>
<td>Year 3</td>
</tr>
<tr>
<td>3Y – Naris Borin</td>
</tr>
<tr>
<td>Year 4</td>
</tr>
<tr>
<td>4B – Emily Avenell</td>
</tr>
<tr>
<td>Year 4</td>
</tr>
<tr>
<td>4Y – Charlie Spaethe</td>
</tr>
<tr>
<td>Year 5</td>
</tr>
<tr>
<td>5B – Lewis Amonoo</td>
</tr>
<tr>
<td>Year 5</td>
</tr>
<tr>
<td>5Y – Matvey Zakharov</td>
</tr>
<tr>
<td>Year 6</td>
</tr>
<tr>
<td>6B – Giacomo Solaroli</td>
</tr>
<tr>
<td>Year 6</td>
</tr>
<tr>
<td>6Y - Potter (Chutipon) Chutipanich</td>
</tr>
</tbody>
</table>

On Wednesday the Year 6 Extended Maths group enjoyed carrying out some giant shape work in the Primary playground. They found a range of different 2D shapes which they classified before estimating and measuring various angles. They also found a number of 3D shapes with which they calculated both the surface area and their volume.

In Primary Maths Week Year 6 students extended their knowledge of Angles and Polygons to support their Checkpoint preparation. Within this lesson children were extending their knowledge to do with shape and in particular using a protractor to measure different angles. The children really enjoyed this lesson. It was brilliant to hear so much mathematical vocabulary being exchanged throughout. At the end of the lesson we worked collaboratively to try to link all of the smaller shapes to create one large shape without any gaps. This was tricky but we persevered with our learning.

**Year 2** went outside and used different types of scales to measure and compare the masses of different objects. They have been comparing objects as heavier/lighter and measuring different objects in grams and kilograms. **Year 3** were also weighing objects outdoors and then showing the results on graphs! **Year 4** have been measuring time and how long it takes to do a variety of mathematical challenges outdoors. They were very fast especially at their times tables! **Year 5** had great fun polygon hunting and the Y6 extended Maths group enjoyed carrying out some giant shape work in the Primary playground. They found a range of different 2D shapes which they classified before estimating and measuring various angles. They even found a number of 3D shapes with which they calculated both the surface area and the volume!
Year 3 students have been learning about and constructing bridges made from wooden lolly pop sticks in art class. Students then determined who’s bridge design was the strongest by adding weights. The winners; Savva, Yarik and Marat had one of the strongest and best designed bridges. It was able to hold more than 3000 grams.

Creative Arts Academy: Fashion Design by Erika Cramp, Head of Creative Arts
This term saw our first ever Fashion Design course at HeadStart. Every Wednesday afternoon from 4-6pm three of our students (Jean, Grace and Serena) come and learn how to become fashion designers. Our teacher, Gulehre Guzel, also a parent at HeadStart, runs her own fashion design school in Turkey. The girls have been learning how to draw and paint a 3D design and then went into designing their own t-shirts. Here are some pictures of their work in action.

Creative Arts News by Erika Cramp, Head of Creative Arts
In Year 10 IGCSE Music students have been studying Musicals. We looked at, listened to and analysed songs from the Musical ‘West Side Story’. Students were given a scene from a musical dealing with slavery. They had to compose their own songs by writing the lyrics and the music. Both groups did a fantastic job. Watch out, Andrew Lloyd Webber!
Ecole Hoteliere de Lausanne University Presentation by Mr Paul Kennedy, Deputy Head of Secondary

On Thursday the 3rd of March at 9.00am a representative from the Ecole Hoteliere de Lausanne University gave a presentation to the Year 12 students in the Sixth form Study Room. The purpose of the presentation was to give information to the year 12 students about hospitality management. The presentation was very informative and the Year 12 students were interested in the hospitality and business course that the University offers. The presentation gave the Year 12 students ‘food for thought’ about potential future careers.

Ecole hôtelière de Lausanne is a leading hospitality management school; founded in 1893, the first hotel school in the world. Today, it trains and develops students to become the future leaders and managers of the international hospitality industry. I would like to take this opportunity to thank Kim, Ecole Hoteliere de Lausanne’s representative, for delivering such an informative and interesting presentation.

Year 9 Dance by Ms Hayley Milner

As part of Literacy Week, 18 students were paired up and spread out throughout the school to perform their Romeo and Juliet chair duets. Year 9 English studied Romeo and Juliet earlier in the year. While studying the themes and characters for their analytical essays, they took some time out to express these themes in a chair duet performance. The style was inspired by Frantic Assembly: a physical theatre company that creates work which reflects contemporary culture. The unique physical style in performance combined movement, design, music and inspiration from the text as students thought about how the themes of the story could be expressed physically.

For Year 9 Dance video click link here: https://www.youtube.com/watch?v=_mGGq4LbdasU

Thai Department News

Students in Reception have been practicing meditation. It’s extremely difficult for a beginner to sit for a long time and think of nothing, however, after practice the students are doing very well!

The Year 3 Intermediate students have shown exemplary manners while singing the Thai national anthem. We are so proud of them.

A nice and friendly smile in the morning can make our day. The number of the students who have joined the morning greeting at the atrium have increased. The students are very pleased to do their job properly.
Football news
by Mr Beanland, Head of Athletics

More success for HeadStart on the football pitch as the U9s claim runners up spot! Our U9's again proved just what a good team they are turning into with some excellent performances at last weekend's 'SE Asia 7-a-side tournament' hosted at BISP. The opposing teams were are all very strong with schools and teams not just from Phuket but also from Singapore and Samui including: Singapore Soccer Schools Academy, Koh Samui International School, BISP, PIA, Dragon Junior and Bang Jo UTD FC. The boys did superbly well to remain undefeated all the way through to the final. In the final, the Under 9’s played a very strong Bang Jo UTD team and lost a very tough game 2-0. Congratulations to all of the boys who played and to our coaches JR and Eric who work very hard to train them.

Basketball news
The Under 15 Girls had their first match experience together as a team last week against a strong Satree girls team. It was 8-8 at half time and the girls worked hard and played well against their far more experienced opponents. The final score was 20-12 to Satree. For a lot of our girls it was their first ever game, so well done to all who played. The girls have learnt a lot from this experience and will be hosting KIS this week too. Good luck girls!

Head Start Golf team
We are hoping to organize a Phuket inter schools golf tournament after Songkran. This tournament will be open to all our golfers at the school. If you are serious about golf and would like to be part of the first HeadStart golf team please see Mr Beanland in the Sports Hall or e mail him at dbeanland@headstartphuket.com.

Team photos
We are still waiting for the swim academy shirts, and when they arrive we will take our swim team photos. However before that we are going to take team photos of our Basketball and football teams.
The schedule is as follows:
Thursday 10th March – Senior girls basketball team (3.20pm)
Friday 11th March- U13 and U15 Girls football teams (3.20pm)
Friday 11th March- U13 and U 15 boys Football teams (4.20pm)
Monday 14th March- U9 boys football team (4.20pm)
Tuesday 15th March- U 11 boys football team (4.20pm)
Friday 18th March- Senior boys basketball team (3.20pm)

Please remember to bring the correct kit. Football teams will wear the new yellow academy kit.
Theatix

Outta the Box Classics Presents:
The Complete Works of William Shakespeare (Abridged)
by Adam Long, Daniel Singer, and Jess Winfield

HeadStart International School
Sports Hall
Mon., March 21st, 4:30 p.m.
Students 50 THB, Adults 100 THB

Back by demand!

For daily updates and more pictures of Headstart’s activities “Like” us on Facebook