

# HEADSTART DANCE ACADEMY 2017-2018

## FITNESS STUDIO

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY Morning
2.30 - 3.20 PM			GYMNASTIC REC. (4-5 y/o)	Baby BALLET EY (3-4 y/o)	PINK BALLET REC. (4-5 y/o)	
3.30 - 4.20 PM	HIP HOP JUNIOR Y3 & Y4 (8-9 y/o)	WHITE BALLET Y1-Y2 (6-7 y/o)		MINI HIP-HOP Y1 & Y2		10.00am-11.00am BLUE BALLET Y2+ -Y3 (7-9 y/o)
4.30 - 5.30 PM	HS DANCE PERFORMING GROUP	BLUE BALLET Y2+ -Y3 (7-9 y/o)		HIP HOP JUNIOR Y5 & Y6 (10-11 y/o)		11.00am-12.00pm AERIAL ACROBATICS (silk/Loop) 5-7 y/o
5.30 - 6.30 PM		AERIAL ACROBATICS (silk/Loop) Open class Primary & Secondary		AERIAL ACROBATICS (silk/Loop) Open class Primary & Secondary		

## SECONDARY HALL

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY Morning
3.30 - 4.20 PM			Mini CHEARLEADERS ACROBATICS Y1-Y2			
4.30 - 5.30 PM	BALLET FITNESS (Basics & Posture) Open Class	HIP HOP TEEN (12+)	CHEARLEADING ACROBATICS Intermediate level Y3-Y6	MODERN'JAZZ CONTEMPORARY CHOREOGRAPHY (12+)	HS DANCE PERFORMING GROUP	
5.30 - 6.30 PM						

## SPORT HALL

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY Morning
4.30 - 5.30 PM	FREE RUNNING / B'BOY Open class	CHEERLEADING ACADEMY		CHEERLEADING ACADEMY		
5.30 - 6.30 PM						