

UPREP TALK

University Placement and Preparation

Every other Wednesday

08:30 - 09:15 am

Secondary Hall, Chaofah City Campus

Presented by



Emily Graham
Deputy Head of
Upper Secondary School



Simon Thomas
University Guidance
Counsellor



Neil Roscoe
University Guidance
Counsellor



Pornkamon Roongsiri
Deputy School
Director



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CAMBRIDGE
International Education

Cambridge International School



Your child's 5 year plan



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Introductions



Emily Graham

Deputy Head of Upper
Secondary School
Management
egraham@headstartphuket.com



Pornkamon Roongsiri

Deputy School Director for Secondary
Management
toom@headstartphuket.com



Neil Roscoe

University Counsellor
Secondary
nroscoe@headstartphuket.com



Simon Thomas

University Counsellor
Secondary
stthomas@headstartphuket.com



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This is my child's future

How can I give
my child
ownership & agency?



How can I support
my child
to stay on track?



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Every student is unique

There is no 'one size fits all'



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Academic performance
English proficiency
Test scores
Attitude to study
Interest / passions
Independence
Perseverance
Presentation / group work



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A collection of experiences / achievements / skills / competencies that will prove **fitness for college study**:

- Academic work
- Competitions
- Service
- Work experience
- Independent research projects
- Creative achievements - music / art / drama / dance
- Sporting achievements
- 'Sustained and meaningful'



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What to encourage

- Reading

Talk to your child's English teacher for recommendations. Read a book together and talk about it / model your own enjoyment of reading.

- New interests - Take an interest then explore it further

Introduce your child to “good” internet and TV content and watch it together: TED Talks, Nat Geo, Discovery Channel, Khan Academy, YouTube.

- Participation - Get active!

Not just academic boosters—join some sports and creative arts!

Active Learning: Calligraphy, Stage Management, Public Speaking, Dance, Art, Film Making, Design, Chess Clubs and other ECAs.

Step 1: Years 6-8



How to participate

- Focus on your child's effort / skills/learning, not just grades.
- Encourage long term thinking.
- Read about Growth Mindset and think about how you communicate 'success' with your child.
- Talk to teachers about your child, your plans as a family and engage with all school events.
- Be an active part of your child's education.

Step 1: Years 6-8



Step 2: Year 9

- Be informed about IGCSE options choices.
- Help plan extra curricular activities - ask what your child hopes to get out of them / encourage 'sustained and meaningful' engagement.
- Encourage and support your child when things are difficult - don't give up!
- Talk about these and encourage recording and reflection.



- Attend all PTCs and meetings
- Meet with teachers individually
- Make an appointment with a guidance counsellor - know what subjects will be best for your child and their future plans.
- Support ECA attendance.
- Help your child keep a log of achievements / clubs / trips / service.
- Encourage them to consider skills and competencies not just “listing.”

Step 2: Year 9



Using Unifrog



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Recording what you've done

Activities

- ✗ Started
- ✗ Recorded at least 10

[Go to tool >](#)

Competencies

- ✗ Started
- ✗ Completed all 12

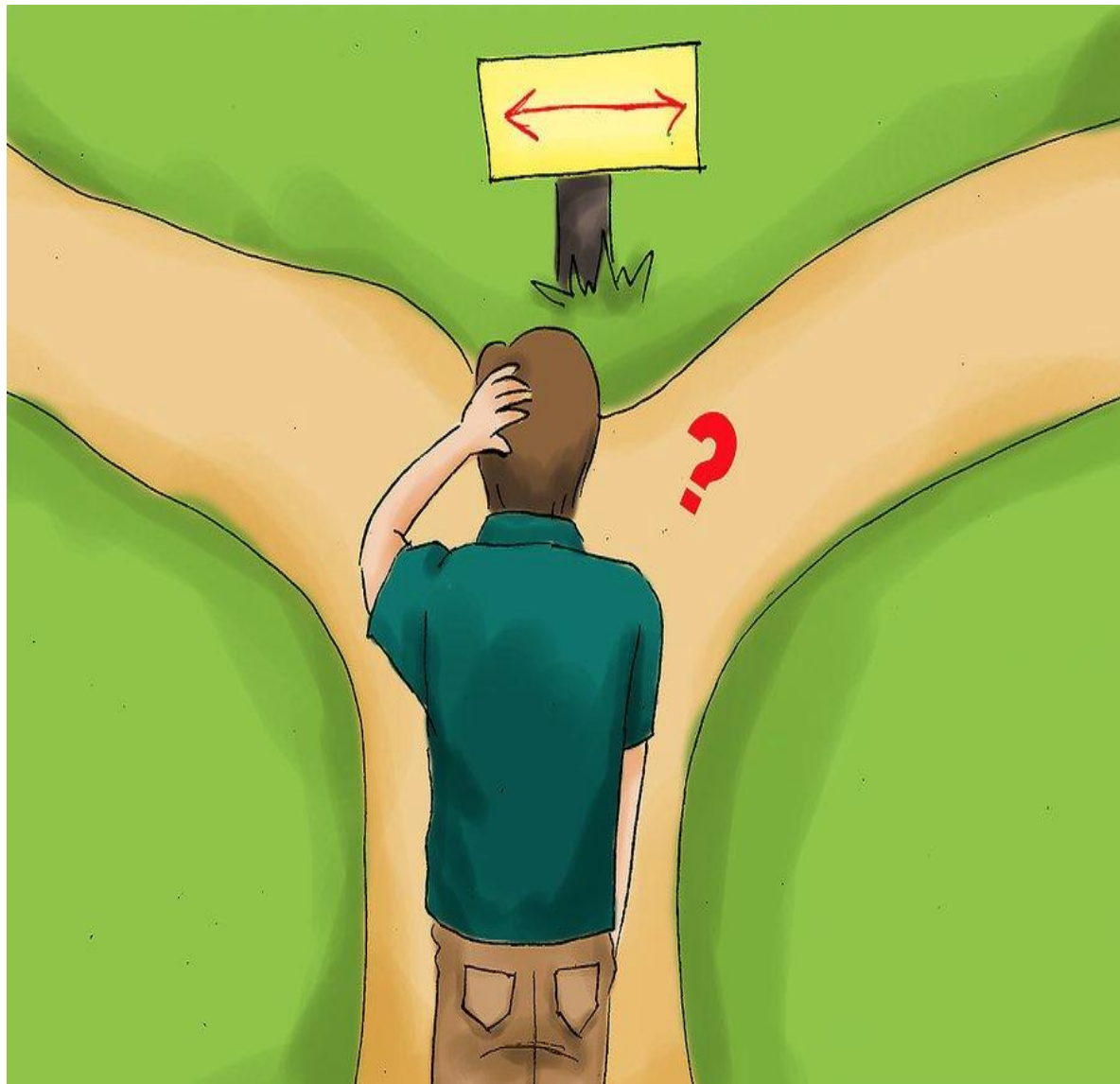
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Interactions

- ✓ 1 Interaction recorded
- ✗ Missing 16 Interaction types

[Go to tool >](#)





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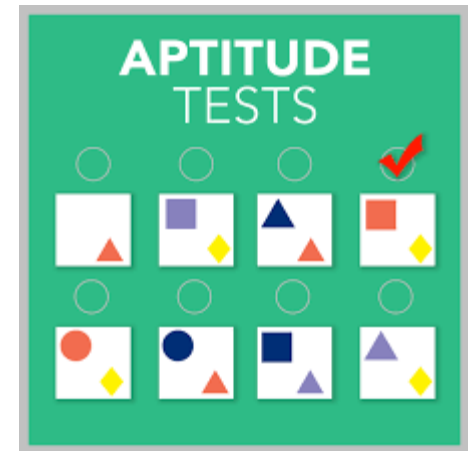


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Step 3:

Year 10

- Be encouraging and open minded about exploring future careers
 - Consider investing in a careers or aptitude test e.g. a Morrisby Profile or MyChoices.
 - Help your child explore future careers e.g. look at Road Trip Nation.
 - Do you have family members / friends in different professions?



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- Know your child's progress and results:
 - Come to all PTC/SLCs and relevant school events and ask questions about anything that isn't clear.
 - Ask your child about their targets and goals: What will they do? When? How will they know they have achieved them?
 - Year 10 is when things start to be officially recorded as so they start to matter!

Step 3:

Year 10



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- Help your child reflect.
- Have open dialogues and be realistic!
- Help them make thoughtful choices about extra-curricular activities.
- Don't give up on encouraging self-control.
- Bedtimes / gaming / socialising / exercise / self care / self-discipline / uniform and appearance.

Step 3: Year 10



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ACCESS ALL THE TOOLS BELOW

Exploring pathways

Careers library

✕ Careers favourited

Go to tool >

Subjects library

✕ Subjects favourited

Go to tool >

Know-how library

✓ Guides favourited

Go to tool >

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John Svanberg
3D Designer
Self Employed

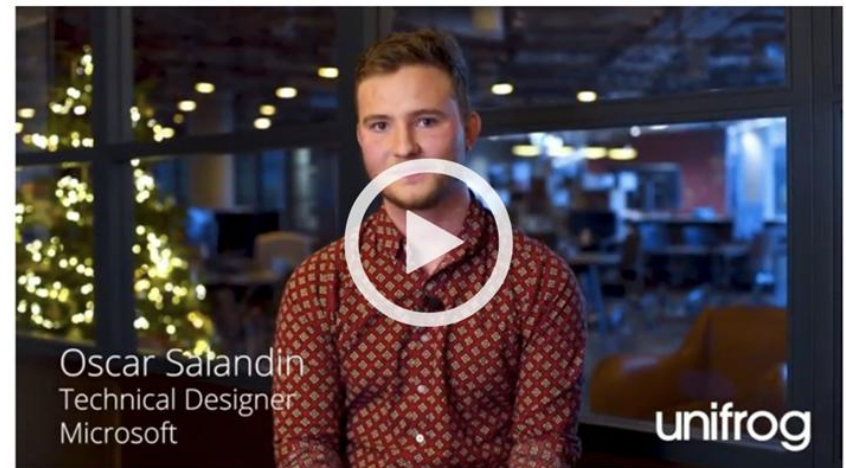
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Model maker



Model makers design and make 3D scale models to show how buildings or products will look.

[Read the guide >](#)



Oscar Salandin
Technical Designer
Microsoft

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Product designer



Product designers create new products and improve existing ones.

[Read the guide >](#)

Be part of the Sixth Form Options process:

- Meet with teachers individually to discuss subject options.
- Understand your child's choices.
- Know the difference between the different post-16 options (A Level and BTEC) here at HeadStart or elsewhere
- Explore different subjects with your child.
- Begin to talk about future plans and start to think seriously about paying for college!

Step 4: Year 11



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Encourage your child to prioritise activities

- Is your child doing 'sustained and meaningful' extra-curricular activity?
- Know what testing is ahead for your child.
- Enter your child for PSAT if SAT may be part of a future application process.

Step 4: Year 11



Step 4:

Year 11

Don't be afraid to ask about progress!

- Make sure IGCSE core subjects (Maths / Science / English) are passed.
- B grades are usually needed at IGCSE if students want to follow the same subject at A Level.
- Know your child's deadlines e.g. coursework.



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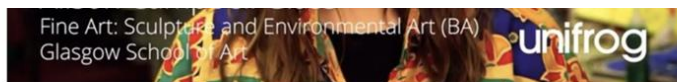


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Fine Art: Sculpture and Environmental Art (BA)
Glasgow School of Art

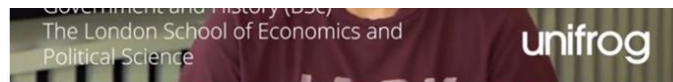
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Fine art



The study and creation of drawings, paintings, prints, photography and sculpture.

[Read the guide >](#)



Government and History (BSc)
The London School of Economics and
Political Science

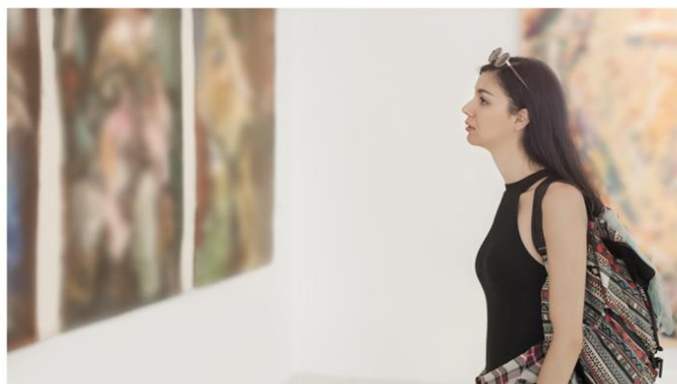
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History



The study of events and people from the past to give us a better understanding of the future.

[Read the guide >](#)



History of Art



The study of objects of art in their historical development and stylistic contexts.

[Read the guide >](#)



Florence Sargeant
Textiles (BA)
Loughborough University

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Textiles and Fashion



Learn about the different properties of textiles and how you can use them to design and create clothing.

[Read the guide >](#)



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- Have a clear budget and share this with your child.
- Know your child's plan for non-school standardised testing.
- Encourage your child to keep up with Extra-Curricular Activities.
- Help with scheduling / balance / priorities and encouragement.
- Encourage slow and steady preparation rather than tutoring / cramming.
- Be informed!

Step 5: Year 12

Sample Daily Bar Exam Study Schedule
JD Advising



	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
9:00 AM	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
10:00 AM	Listen to lecture for MBE subject #1	Listen to lecture for MBE subject #1	Listen to lecture for MBE subject #1	Listen to lecture for MBE subject #2	Listen to lecture for MBE subject #2	Listen to lecture for MBE subject #2	MPT practice review formats & finish 1 MPT
12:00 PM	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
1:00 PM	Memorize outline for subject #1	Memorize outline for subject #1	Memorize outline for subject #1	Memorize outline for subject #2	Memorize outline for subject #2	Memorize outline for subject #2	MPT practice: complete 1 MPT and grade
2:00 PM	Exercise	Exercise	Exercise	Exercise	Exercise	Exercise	Exercise
3:00 PM	Complete 3 essays for subject #1	Complete 3 essays for subject #1	MPT practice: complete 1 MPT and grade	Complete 3 essays for subject #2	Complete 3 essays for subject #2	Complete 3 essays (mix of subject #1 & 2)	Actively review outlines for subjects #1 & 2
4:00 PM	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
5:00 PM	30 MBEs for subject #1 and review answers	30 MBEs for subject #1 and review answers	30 MBEs for subject #1 and review answers	30 MBEs for subject #2 and review answers	30 MBEs for subject #2 and review answers	30 MBEs for subject #2 and review answers	Break
6:00 PM	Relax and go to sleep	Relax and go to sleep	Relax and go to sleep	Relax and go to sleep	Relax and go to sleep	Relax and go to sleep	Relax and go to sleep
7:00 PM							
8:00 PM							
9:00 PM							
10:00 PM							
11:00 PM							



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- Ask your child about their long list of universities / colleges.
- Note the key details such as cost and admissions requirements. Are any tests required? When? IELTS /TOEFL/ ACT / SAT / PSAT etc...
- Look at ECAs / work experience / service / MOOC (online course) or Summer School? Do you have contacts / ideas?

Step 5: Year 12



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Step 5: Year 12

- Read all reports / come to PTCs / talk to teachers / ask your child about their progress so we can intervene early!
- Make an appointment with the Deputy Head of Upper School or University Guidance Counsellors to discuss options!
- Come to UPrep Talks.



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ACCESS ALL THE TOOLS BELOW
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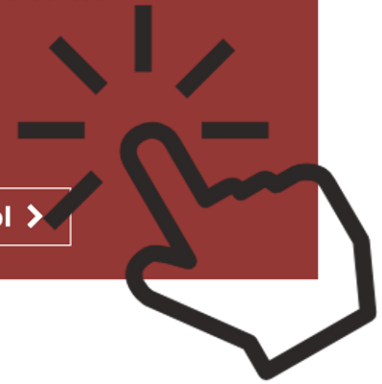
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Browse everything here

616 guides and videos

UK universities

124 guides and videos

Go >

US universities

101 guides and videos

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European universities

98 guides and videos

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Useful stuff

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Asian universities

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Wellbeing

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Australasian universities

23 guides and videos

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Know-how library

Use our guides to find out what you need to know

Search by keyword

Go >

Preparing to apply



The US Ivy League: an overview

What you need to know

[Read the guide >](#)



US private vs public universities

The key differences, and why you should consider public universities

[Read the guide >](#)



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Term 1

- Most applications are open and should be done within the first term.
- Some courses/destinations will require additional tests eg LNAT, SATs, TSA etc.

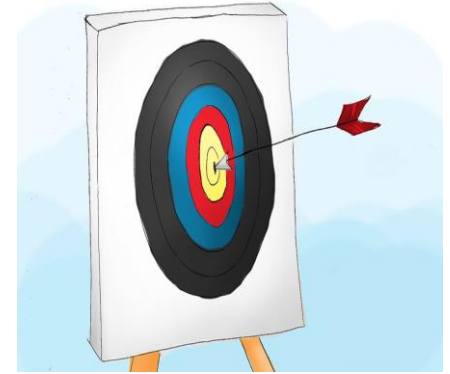
Term 2

- Responding to offers
- Requesting relevant documentation
- Planning and researching accommodation, finances, visas etc.

Term 3/Summer

- Sending necessary documentation such as final transcripts following results.
- Confirming a place!

Step 6: Year 13



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How can parents help?

Term 1

- Help check applications
- Remind them to sign up for relevant tests
- Support their research

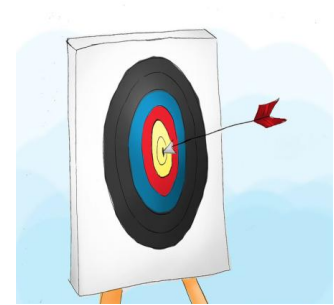
Term 2

- Be supportive as they receive offers
- Make sure they respond to emails
- Help plan accommodation, finances

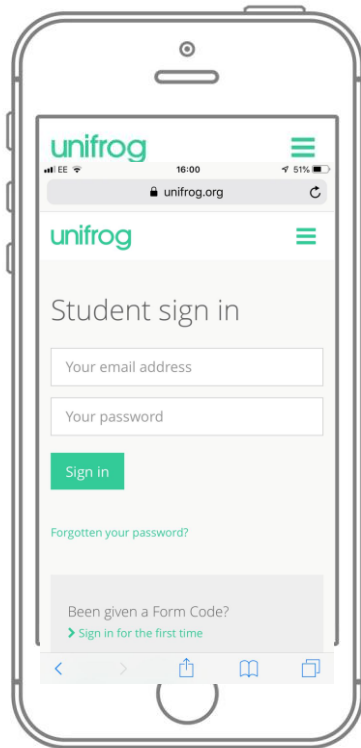
Term 3/Summer

- Check results, confirm places
- Take action if needed, seek support if needed!

Step 6: Year 13



Parents & Guardians, Get signed up!



Go to www.unifrog.org/student and click 'Sign in for the first time'

You'll be asked for some details and a form code. This is what you need:

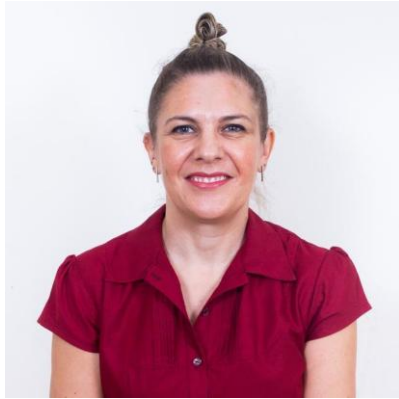
HSISparents

After signing up, log into Unifrog using your email address and password via the sign-in page!

UPrep Parent Sessions

Dates 2025/26	Topic
1: 27 th August 2025	Introduction to UPrep
2: 10 th September 2025	Your child's 5 year plan
3: 24 th September 2025	Choosing subjects and careers
4: 8 th October 2025	Comparing different university systems
5: 29 th October 2025	Applying to Thai universities
6: 12 th November 2025	Application and standardised testing
7: 26 th November 2025	Applying to the UK and Europe
8: 10 th December 2025	Applying to USA and Canada
9: 7 th January 2026	Applying to Australia, New Zealand
10: 21st January 2026	Applying to Asian universities
11: 4 th February 2026	Alternative pathways and gap years
12: 4th March 2026	Fees, funding and finances
13: 18th March 2026	UPrep For Parents by Parents going to the Netherlands and/or the UK
14. 29th April 2026	Applying to Oxbridge
15. 13th May 2026	Applying to Ivy League and top US universities

Please get in touch to book an appointment



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DROP IN

Help your child become future ready

Every other Wednesday

08:30 - 09:15 am

@Nakita's Cafe



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Deputy Head of
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University Guidance
Counsellor



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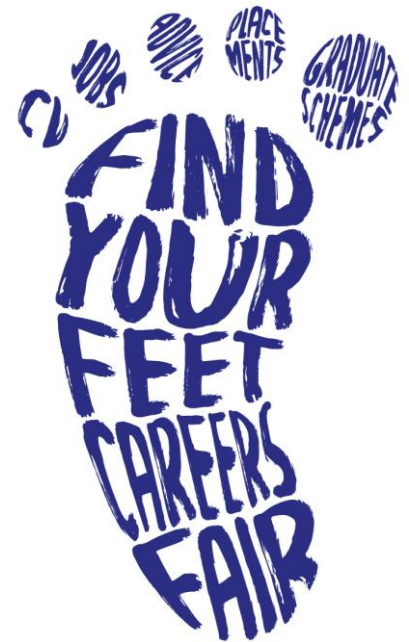
Can you help?

We are looking for volunteers

Do you (or a contact) have expertise in these areas?

Please let us know!

- Hospitality/Tourism
- Engineering/Architecture
- Computing/Digital Media
- Charities/Development
- Food and Beverage
- Entrepreneurship
- Medical/Psychology
- Art/Design
- Entrepreneurship/Marketing /Commerce





QUESTIONS?



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