

Descriptions of Fee Paid ECA Programmes

Foundation Clubs

Construction Club: Early Years & Reception

💰 **Term Fee:** 4,900 THB

🧰 **Kit Requirement:** N/A

★ **Opportunities:** N/A

📅 **Additional Cost:** N/A

i Description: Join our Early Years & Reception Construction Club, where little builders unleash their creativity! Designed for curious minds aged 3-6, our club fosters hands-on learning through play. From stacking blocks to crafting mini structures, children develop essential skills while having fun. Lay the foundation for a lifelong love of learning and building!

Story Time Yoga: Early Years & Reception

💰 **Term Fee:** 5,300 THB

🧰 **Kit Requirement:** N/A

★ **Opportunities:** N/A

📅 **Additional Cost:** N/A

i Description: A gentle and imaginative yoga session designed especially for young children. Each class is built around a fun story, bringing characters and adventures to life through simple yoga poses, breathing exercises, and relaxation techniques. Children develop flexibility, balance, and body awareness while boosting their creativity and listening skills in a calm, supportive environment.

Sensory Play Time: Early Years & Reception

💰 **Term Fee:** 4,900 THB

🧰 **Kit Requirement:** N/A

★ **Opportunities:** N/A

📅 **Additional Cost:** N/A

i Description: A hands-on, exploratory session where children engage their senses through a variety of textures, colours, sounds, and scents. Activities may include water play, sand, dough, sensory bins, and creative art materials. This ECA encourages curiosity, fine motor skills, and social interaction while offering a safe space for children to explore, experiment, and learn through play.

Stories and Drama: Early Years and Reception

💰 **Term Fee:** 5,300 THB

🧰 **Kit Requirement:** N/A

★ **Opportunities:** N/A

📅 **Additional Cost:** N/A

i Description: Discover a whole new world of storytelling through magical books, animation and real life stories. Delve deeper into well known classical tales as well as new and upcoming books as you play, explore and develop your literacy and communication skills.

Mindfulness: Early Years & Reception

- 💰 **Term Fee:** 5,300 THB
- 🧰 **Kit Requirement:** N/A
- ★ **Opportunities:** N/A
- 💵 **Additional Cost:** N/A
- 📘 **Description:** This ECA will explore mindfulness activities which will help the children to develop their awareness of self, empathy, kindness and focus. We will explore calming relaxation techniques and promote positivity. Activities will include focused breathing exercises, yoga, musical activities, sensory play, social games and more. The aim is that the children feel joy and are equipped with strategies to calm and focus the mind.

Saturday Swim Club

Swim_Saturday Swim Club: Preschool

- 💰 **Term Fee:** 3,300 THB
- 🧰 **Kit Requirement:** Swim Suit, Goggles & Towel
- ★ **Opportunities:** N/A
- 💵 **Additional Cost:** N/A
- 📘 **Description:** Saturday swim lessons will help students build confidence in the water, as well as learning to submerge to collect toys, blow bubbles and float. Saturday swim lessons are an enjoyable way to help your child become more confident and competent in the water.

Swim_Saturday Swim Club: Early Years & Reception

- 💰 **Term Fee:** 3,300 THB
- 🧰 **Kit Requirement:** Swim Suit, Goggles & Towel
- ★ **Opportunities:** N/A
- 💵 **Additional Cost:** N/A
- 📘 **Description:** Saturday swim lessons will help students build confidence in the water and learn to swim basic freestyle and backstroke. Saturday swim lessons are an enjoyable way to help your child become more confident and competent in the water.

Swim_Saturday Swim Club: Years 1 to 4

- 💰 **Term Fee:** 3,300 THB
- 🧰 **Kit Requirement:** Swim Suit, Goggles & Towel
- ★ **Opportunities:** N/A
- 💵 **Additional Cost:** N/A
- 📘 **Description:** Saturday swim lessons will help students build confidence in the water and learn to swim the four strokes properly. Saturday swim lessons are an enjoyable way to help your child become more confident and competent in the water.

Saturday swim club date : 12 Sep, 19 Sep, 26 Sep, 3 Oct, 24 Oct, 31 Oct, 28 Nov

HeadStart Swimming Programme

Swim_Aqua Tots: Preschool & Early Years / Reception

💰 **Term Fee:** 5,300 THB

🧴 **Kit Requirement:** Swim Suit, Goggles, Towel and Swim Nappie (if still wearing nappies)

★ **Opportunities:** N/A

📅 **Additional Cost:** N/A

📘 **Description:** Develop water confidence both above and below the surface through exploration and guided discovery. Children will learn essential water safety skills while developing floating, submersion, kicking techniques, and basic swimming on their front and back.

Saturday swim club date : 12 Sep, 19 Sep, 26 Sep, 3 Oct, 24 Oct, 31 Oct, 28 Nov

Swim_Beginner Swim: Years 1 to 6

💰 **Term Fee:** Group 1 = 5,450 THB

💰 **Term Fee:** Group 2 = 5,900 THB

🧴 **Kit Requirement:** Swim Suit, Goggles & Towel

★ **Opportunities:** N/A

📅 **Additional Cost:** N/A

📘 **Description:** Develop water confidence and essential swimming skills, from becoming comfortable underwater to swimming freestyle. This class is designed for children who need extra support to build confidence, improve technique, and develop the foundations for lifelong swimming.

Swim_Intermediate and Advanced Swimming: Years 4 to 9

💰 **Term Fee:** 5,450 THB

🧴 **Kit Requirement:** Swim Suit, Goggles & Towel

★ **Opportunities:** N/A

📅 **Additional Cost:** N/A

📘 **Description:** This class is for swimmers who want to improve their technique and endurance. Swimmers will develop more efficient freestyle and backstroke while learning the fundamentals of breaststroke and butterfly. The focus is on building confidence, improving technique, and increasing overall swimming ability.

Swim Aqua Cubs_Years 4 to 6 - Invite only

💰 **Term Fee:** 5,900 THB

🧴 **Kit Requirement:** Swim Suit, Goggles & Towel

★ **Opportunities:** Local swim meets are available

📅 **Additional Cost:** 3,000 kit fee (Swim suit and team shirt)

📘 **Description:** This group is designed for swimmers preparing to enter our Academy programme. Training focuses on advanced technique, turns, pacing, and race preparation. The goal is to develop confident, race-ready swimmers with the skills needed to progress into the Academy.

Swim Pre Panthers_Years 7 to 9 - Invite only

💰 **Term Fee:** 5,900 THB

🧴 **Kit Requirement:** Swim Suit, Goggles & Towel

★ **Opportunities:** Local swim meets are available

📅 **Additional Cost:** 3,000 kit fee (Swim suit and team shirt)

i Description: This group is designed for swimmers preparing to enter our Academy programme. Training focuses on advanced technique, turns, pacing, and race preparation. The goal is to develop confident, race-ready swimmers with the skills needed to progress into the Academy.

HeadStart Football Programme

Football_Fun Football: Years 1 to 3

- 💰 Term Fee:** 5,900 THB
 - 👕 Kit Requirement:** Suitable sportswear and trainers. Shin pads are recommended.
 - ★ Opportunities:** N/A
 - 📅 Additional Cost:** N/A
 - i Description:** Our Fun Football sessions are designed to provide players with an enjoyable and positive environment where they can learn new skills, make new friends, and experience the joy of the beautiful game. These sessions focus on fostering a love for football while encouraging teamwork, confidence, and player development.
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Football_Fun Football: Years 4 to 6

- 💰 Term Fee:** 5,900 THB
 - 👕 Kit Requirement:** Suitable sportswear and trainers. Shin pads are recommended.
 - ★ Opportunities:** N/A
 - 📅 Additional Cost:**
 - i Description:** Our Fun Football sessions are designed to provide players with an enjoyable and positive environment where they can learn new skills, make new friends, and experience the joy of the beautiful game. These sessions focus on fostering a love for football while encouraging teamwork, confidence, and player development.
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Football_Fun Football: Years 7 to 9

- 💰 Term Fee:** 5,900 THB
 - 👕 Kit Requirement:** Suitable sportswear and trainers. Shin pads are recommended.
 - ★ Opportunities:** N/A
 - 📅 Additional Cost:**
 - i Description:** Our Fun Football sessions are designed to provide players with an enjoyable and positive environment where they can learn new skills, make new friends, and experience the joy of the beautiful game. These sessions focus on fostering a love for football while encouraging teamwork, confidence, and player development.
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Football Panthers Pathway_U7 Boys: Years 1 to 3 - Invite only

- 💰 Term Fee:** 5,450 THB
 - 👕 Kit Requirement:** HeadStart Panthers Kit: Shirt, Shorts, White Football Socks, Suitable Footwear. Shin pads are recommended.
 - ★ Opportunities:** Potential friendly matches with other school (Not Guaranteed)
 - 📅 Additional Cost:** Shirt (No Number) 450THB / Shorts 300THB / Socks 120THB
 - i Description:** The Panthers Pathway sessions are tailored for players aiming to elevate their game by learning football in greater detail. These invitational-only sessions offer a focused pathway for dedicated players, serving as an essential stepping stone toward joining our elite Panthers Football Academy.
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Football Panthers Pathway_U9 to U11 Girls: Years 4 to 6 - Invite only

- 💰 **Term Fee:** 5,450 THB
- 👕 **Kit Requirement:** HeadStart Panthers Kit: Shirt, Shorts, White Football Socks, Suitable Footwear. Shin pads are recommended.
- ★ **Opportunities:** Potential friendly matches with other school (Not Guaranteed)
- 💵 **Additional Cost:** Shirt (No Number) 450THB / Shorts 300THB / Socks 120THB
- 📖 **Description:** The Panthers Pathway sessions are tailored for players aiming to elevate their game by learning football in greater detail. These invitational-only sessions offer a focused pathway for dedicated players, serving as an essential stepping stone toward joining our elite Panthers Football Academy.

Football Panthers Pathway_U15 Boys: Years 7 to 9 - Invite only

- 💰 **Term Fee:** 5,450 THB
- 👕 **Kit Requirement:** HeadStart Panthers Kit: Shirt, Shorts, White Football Socks, Suitable Footwear. Shin pads are recommended.
- ★ **Opportunities:** Potential friendly matches with other school (Not Guaranteed)
- 💵 **Additional Cost:** Shirt (No Number) 450THB / Shorts 300THB / Socks 120THB
- 📖 **Description:** The Panthers Pathway sessions are tailored for players aiming to elevate their game by learning football in greater detail. These invitational-only sessions offer a focused pathway for dedicated players, serving as an essential stepping stone toward joining our elite Panthers Football Academy.

HeadStart Basketball Programme

Basketball_Mini Basketball: Years 1 to 3

- 💰 **Term Fee:** 5,900 THB
- 👕 **Kit Requirement:** Suitable sportswear and trainers.
- ★ **Opportunities:** Panther Showcase (end of the year)
- 💵 **Additional Cost:**
- 📖 **Description:** This beginner-friendly ECA introduces younger students to basketball through high energized movement, games, and basic skill activities. The focus is on developing coordination, confidence, teamwork, and a love for being active while learning the fundamentals of basketball and having fun.

Basketball_Fun Basketball: Years 4 to 6

- 💰 **Term Fee:** 5,900 THB
- 👕 **Kit Requirement:** Suitable sportswear and trainers.
- ★ **Opportunities:** Panther Showcase (end of the year)
- 💵 **Additional Cost:**
- 📖 **Description:** It's the perfect time to be apart of 10 group sessions that teaches Basketball 101 and sets the foundation in a creative-engaging way. This ECA introduces young players to basketball through fun games and basic skill development. Students will learn dribbling, passing, shooting, teamwork, and movement while building confidence and enjoying the game in a positive environment.

Basketball Panthers Pathway_U9: Years 3 to 4 - Invite only

- 💰 **Term Fee:** 5,450 THB
- 👕 **Kit Requirement:** Uniform Shorts and Jersey (1,050 THB)
- ★ **Opportunities:** U9 Tournament
- 💵 **Additional Cost:** 500 THB for Basketball U9 tournament participation.

i Description: Our Panther Pathway is designed for players who are ready to take their game a step forward. This is a select program solely for our players aspiring to officially join our Academy. You can expect fun structured games and basic skill development. Students will learn dribbling, passing, shooting, teamwork, and movement while building confidence and enjoying the game in a positive environment.

Basketball Panthers Pathway_U11 & U13: Years 5 to 8 - Invite only

💰 Term Fee: 5,900 THB

👕 Kit Requirement: Uniform Shorts and Jersey (1,050 THB)

★ Opportunities: Exhibition games (2 scrimmages)

📅 Additional Cost:

i Description: Our Panther Pathway is designed for players who are ready to take their game a step forward. This is a select program solely for our players aspiring to officially join our Academy. Sessions focus on beginner to intermediate ball handling, shooting, finishing, defense, game situations, and decision-making through structured drills and competitive play.

Languages

Thai Language for Foreign Students: Years 1 to 3 / Years 4 to 6 / Years 7 to 9

💰 Term Fee: Years 1 to 3 = 5,900 THB

💰 Term Fee: Years 4 to 6 / 7 to 9 = 5,450 THB

👕 Kit Requirement: N/A

★ Opportunities: N/A

📅 Additional Cost: N/A

i Description: This class, taught by our experienced Thai teacher, is an opportunity for foreign and half Thai students who would like to develop their Thai conversation & understanding. The class also includes basic reading and writing skills.

This class will increase a student's Thai vocabulary bank and instill confidence in a student to use Thai proficiently outside the classroom. The teacher will differentiate levels in the class to ensure that students reach their full potential.

Russian First Language_Reading & Writing Foundations: Years 2 to 4

💰 Term Fee: 5,450 THB

👕 Kit Requirement: N/A

★ Opportunities: N/A

📅 Additional Cost: N/A

i Description: The "Russian First Language: Reading & Directed Writing Years 3 to 5" program is an engaging course designed for schoolchildren to develop their reading and writing skills in Russian. The program features creative tasks and discussions that foster a deep understanding of the text and enhance writing abilities. Additionally, this course helps students not only strengthen their language skills but also broaden their cultural horizons.

Mandarin for Beginners: Years 3 to 6 / Years 7 to 9

💰 Term Fee: Years 3 to 6 = 5,900 THB

💰 Term Fee: Years 7 to 9 = 5,450 THB

👕 Kit Requirement: N/A

★ **Opportunities:** N/A

📦 **Additional Cost:** N/A

📖 **Description:** Students will expand their vocabulary and begin to read and write simple Chinese characters. They will learn how to use sentence patterns to talk about themselves, their interests, and daily life. Lessons emphasise communication, cultural awareness, and practical use of the language, with games and projects that make learning fun and meaningful.

HeadStart Robotics Programme

Robotics_Reception

💰 **Term Fee:** 6,300 THB

📦 **Kit Requirement:** N/A

★ **Opportunities:** N/A

📦 **Additional Cost:** N/A

📖 **Description:** VEX 123 is an educational robot that helps young children learn the basics of coding through fun, hands-on activities. Using simple touch buttons, children can tell the robot where to move and what to do by following a series of steps. As they play and explore, they build problem-solving skills, learn to think in order, and work together with others. VEX 123 makes early coding and STEM learning easy, enjoyable, and engaging.

Robotics_Years 1 to 3

💰 **Term Fee:** 6,900 THB

📦 **Kit Requirement:** N/A

★ **Opportunities:** N/A

📦 **Additional Cost:** N/A

📖 **Description:** In the Robotics Club, you'll have the opportunity to design, build, and program your own robots using the VEX Robotics platform. This creative and hands-on environment encourages you to explore the exciting world of robotics while learning through fun, task-based challenges. By completing real-world missions and working together to solve problems, you'll develop teamwork, critical thinking, and engineering skills as you bring your ideas to life.

Robotics: Years 4 to 6

💰 **Term Fee:** 6,900 THB

📦 **Kit Requirement:** N/A

★ **Opportunities:** N/A

📦 **Additional Cost:** N/A

📖 **Description:** In Robotics (Years 4 to 6), you'll get hands-on with VEX GO, a colorful, snap-together robotics system designed for younger students. Using easy-to-build parts and simple drag-and-drop coding, you'll learn the basics of robotics, programming, and engineering through fun, task-based challenges. As you complete real-world missions and design solutions to different problems, you'll build problem-solving, teamwork, and creative thinking skills while exploring STEM concepts and creating your own working robots.

Robotics: Years 7 to 9

 **Term Fee:** 7,500 THB

 **Kit Requirement:** N/A

 **Opportunities:** N/A

 **Additional Cost:** N/A

 **Description:** In Robotics (Years 7 to 9), you'll have the opportunity to design, build, and program your own robots using VEX IQ, a snap-together robotics system designed for lower and upper secondary students. Using easy-to-build parts and a drag-and-drop coding interface, you'll develop your engineering and programming skills through hands-on, task-based learning. By completing design challenges, solving real-world problems, and taking part in team competitions, you'll strengthen your problem-solving, critical thinking, collaboration, and creativity while bringing your robotic solutions to life.

HeadStart Dance Programme

Dance_Cheerleading: Early Years & Reception

 **Term Fee:** 5,300 THB

 **Kit Requirement:** Cheer kit is sold at the school shop across both campus

 **Opportunities:** An opportunity to perform at the foundation assembly in Term 3

 **Additional Cost:**

Parents are required to sign a Release and Liability Waiver before their child can participate in this ECA

 **Description:** Children will explore easy-to-follow cheer routines, fun jumps, basic gymnastics, movement and chant, while developing coordination, balance, strength and confidence. Through the dance routine, they'll learn to work together, follow rhythms and perform with big smiles and even bigger energy!

Dance_Cheerleading Levels: Years 1 & 2

 **Term Fee:** 6,000 THB

 **Kit Requirement:** Cheer kit is sold at the school shop across both campus

 **Opportunities:** An opportunity to perform on sports day and end of the year dance recital

 **Additional Cost:** Dance recital participation fee

Parents are required to sign a Release and Liability Waiver before their child can participate in this ECA

 **Description:** This class works on basic cheer jumps and chants, basic cheer movement and technique. This class includes doing a huge amount of gymnastics as it is one of the foundations in order to strengthen the student's physical core so that they can lift another teammate up high or do tumbling tricks.

Dance_Cheerleading Levels: Years 3 & 4

 **Term Fee:** 6,000 THB

 **Kit Requirement:** Cheer kit is sold at the school shop across both campus

 **Opportunities:** An opportunity to perform on sports day and end of the year dance recital

 **Additional Cost:** Dance recital participation fee

Parents are required to sign a Release and Liability Waiver before their child can participate in this ECA

 **Description:** This class works on basic cheer jumps and chants, basic cheer movement and technique. This class includes doing a huge amount of gymnastics as it is one of the foundations in order to strengthen the student's physical core so that they can lift another teammate up high or do tumbling tricks.

Dance_Cheerleading Levels: Years 5 & 6

 **Term Fee:** 6,000 THB

 **Kit Requirement:** Cheer kit is sold at the school shop across both campus

 **Opportunities:** An opportunity to perform on sports day and end of the year dance recital

 **Additional Cost:** Dance recital participation fee

Parents are required to sign a Release and Liability Waiver before their child can participate in this ECA

 **Description:** This class works on basic cheer jumps and chants, basic cheer movement and technique. This class includes doing a huge amount of gymnastics as it is one of the foundations in order to strengthen the student's physical core so that they can lift another teammate up high or do tumbling tricks.

Dance_Tiny Tots Dance Play for Preschool

 **Term Fee:** 4,900 THB

 **Kit Requirement:** Tight top and leggings (no skirts allowed)

 **Opportunities:** An opportunity to perform at the foundation assembly in Term 3

 **Additional Cost:**

 **Description:** Tiny Tots Dance Play is a joyful introduction to movement for our youngest dancers. Through music, imagination, creative movement and playful games, children will explore rhythm, coordination, balance and body awareness in a fun and encouraging environment.

From dancing like animals to travelling through magical worlds, every class is filled with opportunities to move, giggle, explore and express themselves while building confidence and developing their first dance skills.

Dance_White Ballet: Early Years

 **Term Fee:** 5,300 THB

 **Kit Requirement:** White Ballet leotard with skirt, ballet tights, ballet soft shoes

 **Opportunities:** An opportunity to perform in the foundation assemble in the term 3

 **Additional Cost:**

 **Description:** The foundation for training and focus on developing a solid ballet technique with emphasis on understanding correct body placement, proper use of turn out, coordination of the upper body (epaulement), and use of arms (port de bras).

Dance_Pink Ballet: Reception

 **Term Fee:** 5,300 THB

 **Kit Requirement:** Pink Ballet leotard with skirt, ballet tights, ballet soft shoes

 **Opportunities:** An opportunity to perform in the foundation assemble in the term 3

 **Additional Cost:**

 **Description:** The foundation for training and focus on developing a solid ballet technique with emphasis on understanding correct body placement, proper use of turn out, coordination of the upper body (epaulement), and use of arms (port de bras).

Dance_Purple Ballet: Years 1 & 2

 **Term Fee:** 6,500 THB

 **Kit Requirement:** Purple Ballet leotard with skirt, ballet tights, ballet soft shoes

 **Opportunities:** An opportunity to perform in the end of the year dance recital

 **Additional Cost:** Dance recital participation fee

 **Description:** Your child will develop their understanding of Ballet; increasing their ballet vocabulary, learning how and why to warm-up effectively, and how to coordinate their arms (porte de bras) and footwork. Dancers will

work on their extension, posture, strength, turn-out and flexibility, and gain confidence in incorporating a variety of movements into choreography.

Dance_Blue Ballet: Years 3 & 4

- 💰 **Term Fee:** 6,500 THB
 - 👕 **Kit Requirement:** Blue Ballet leotard with skirt, ballet tights, ballet soft shoes
 - ★ **Opportunities:** An opportunity to perform in the end of the year dance recital
 - 💵 **Additional Cost:** Dance recital participation fee
 - 📘 **Description:** Blue ballet will continue developing their execution of key ballet movements, increasing their strength and flexibility, and learning more challenging movements. Dancers will also work on combining steps to increase complexity, and how to effectively coordinate their upper body (épaulement) whilst dancing. Your child will also learn about dancing in solos, duets, trios and groups and have opportunities to increase their confidence in both improvisation and creating choreography.
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Dance_Black Ballet: Years 5 & 6

- 💰 **Term Fee:** 6,500 THB
 - 👕 **Kit Requirement:** Black Ballet leotard with skirt, ballet tights, ballet soft shoes
 - ★ **Opportunities:** An opportunity to perform in the end of the year dance recital
 - 💵 **Additional Cost:** Dance recital participation fee
 - 📘 **Description:** Dancers will work on their execution of more advanced ballet steps, such as pirouettes, arabesques and leaps. They will also gain understanding of different qualities of movement, both when they are performing and choreographing. Your child will also develop their collaboration and leadership skills, creating dances in groups and individually, and having opportunities to teach their choreography.
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Dance_Hip Hop: Early Years & Reception

- 💰 **Term Fee:** 4,900 THB
 - 👕 **Kit Requirement:** Tight top and leggings or long baggy pants (no skirts or flip flops allowed)
 - ★ **Opportunities:** An opportunity to perform in the foundation assemble in the term 3
 - 💵 **Additional Cost:**
 - 📘 **Description:** Through fun music, simple grooves, creative movement and easy-to-follow routines, children will develop coordination, musicality, body awareness and confidence while having the freedom to express their personalities.
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Dance_Hip Hop: Years 1 & 2

- 💰 **Term Fee:** 6,500 THB
 - 👕 **Kit Requirement:** Tight top and leggings or long baggy pants (no skirts or flip flops allowed)
 - ★ **Opportunities:** An opportunity to perform in the end of the year dance recital
 - 💵 **Additional Cost:** Dance recital participation fee
 - 📘 **Description:** A fun introduction to Hip Hop, where students explore grooves, rhythm, basic steps and easy-to-follow choreography through upbeat music and playful movement. Perfect for building confidence and letting their personalities shine!
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Dance_Hip Hop: Years 3 & 4

- 💰 **Term Fee:** 6,000 THB
- 👕 **Kit Requirement:** Tight top and leggings or long baggy pants (no skirts or flip flops allowed)
- ★ **Opportunities:** An opportunity to perform in the end of the year dance recital
- 💵 **Additional Cost:** Dance recital participation fee

i Description: Students develop their Hip Hop vocabulary and performance skills through stronger grooves, sharper movements, musicality and more challenging choreography. Classes encourage creativity, confidence and individuality while keeping the energy high!

Dance_Hip Hop: Years 5 & 6

💰 Term Fee: 6,500 THB

👕 Kit Requirement: Tight top and leggings or long baggy pants (no skirts or flip flops allowed)

★ Opportunities: An opportunity to perform in the end of the year dance recital

💰 Additional Cost: Dance recital participation fee

i Description: A dynamic class for young dancers ready to take their skills to the next level. Students work on more complex choreography, musicality, performance quality, freestyle and personal style, developing confidence and stage presence along the way.

Dance_Jazz: Early Years & Reception

💰 Term Fee: 4,900 THB

👕 Kit Requirement: Tight top, leggings, jazz shoes

★ Opportunities: An opportunity to perform in the foundation assemble in the term 3

💰 Additional Cost:

i Description: A playful introduction to Jazz through music, imagination, simple steps and creative movement. Children explore rhythm, coordination and body awareness while learning fun mini-routines and building confidence to perform.

Dance_Jazz: Year 1 & 2

💰 Term Fee: 6,000 THB

👕 Kit Requirement: Tight top, leggings, jazz shoes

★ Opportunities: An opportunity to perform in the end of the year dance recital

💰 Additional Cost: Dance recital participation fee

i Description: Students discover the exciting world of Jazz through basic technique, travelling steps, jumps, turns and fun choreography. Classes focus on musicality, coordination and performance while encouraging each dancer to express their personality.

Dance_Jazz: Years 3 & 4

💰 Term Fee: 6,500 THB

👕 Kit Requirement: Tight top, leggings, jazz shoes

★ Opportunities: An opportunity to perform in the end of the year dance recital

💰 Additional Cost: Dance recital participation fee

i Description: A more dynamic class where dancers develop stronger technique, flexibility, coordination, musicality and performance skills. Students learn more challenging combinations and choreography while building confidence, style and stage presence.

Dance_Jazz: Years 5 & 6

💰 Term Fee: 6,500 THB

👕 Kit Requirement: Tight top, leggings, jazz shoes

★ Opportunities: An opportunity to perform in the end of the year dance recital

💰 Additional Cost: Dance recital participation fee

i Description: Designed for dancers ready to take their Jazz skills further, with a focus on technical development, strength, flexibility, turns, jumps and complex choreography. Students are encouraged to perform with confidence, energy and individuality.

Dance_Street Jazz / Hip hop: Years 7 to 9

💰 Term Fee: 6,500 THB

👕 Kit Requirement:

★ Opportunities: An opportunity to perform in the end of the year dance recital

💰 Additional Cost: Dance recital participation fee

i Description: This high-energy class combines the sharp, dynamic movement of Hip Hop with the performance and choreography of Jazz.

Students will explore grooves, musicality, commercial-style choreography, isolations, footwork and performance skills, while developing confidence, coordination and their individual style. With fresh music, challenging routines and plenty of attitude, this class is all about energy, expression and having fun while you dance.

Dance_Aerial Hammock Beginner: Years 3 to 6

💰 Term Fee: 7,700 THB

👕 Kit Requirement: Tight top, long leggings

★ Opportunities:

💰 Additional Cost:

i Description: Perfect for students who are new to aerial. Learn the fundamental techniques, climbs, wraps, poses, transitions and simple tricks while developing core strength, grip strength, balance and body awareness. No previous aerial experience is required—just bring your curiosity and get ready to fly!

Dance_Aerial Hammock Intermediate/Advance (Try out required)

💰 Term Fee: 7,700 THB

👕 Kit Requirement: Tight top, long leggings

★ Opportunities: An opportunity to perform in the end of the year dance recital

💰 Additional Cost: Dance recital participation fee

i Description: Ready to take your aerial skills further? This class introduces more challenging sequences, transitions, poses, drops and combinations, while developing greater strength, flexibility, control and confidence in the air. Students will build on their existing skills and work towards more advanced tricks and creative movement.

HeadStart Dance Company: Group A (Dance Academy students) (Audition required)

💰 Term Fee: 15,000 THB

👕 Kit Requirement: Tight top, long leggings (no skirts allowed)

★ Opportunities: An opportunity to perform in school productions, competitions, showcases and other performance opportunities.

💰 Additional Cost:

i Description: Designed for dedicated dancers who want to take their training to the next level. Students work on advanced technique, challenging choreography, performance quality, versatility, musicality and individual artistry. Company members are expected to demonstrate commitment, focus and teamwork while preparing for school productions, competitions, showcases and other performance opportunities.

HeadStart Dance Company: Group B (Dance Academy students) (Audition required)

💰 Term Fee: 15,000 THB

 **Kit Requirement:** Tight top, long leggings (no skirts allowed)

 **Opportunities:** An opportunity to perform in school productions, competitions, showcases and other performance opportunities.

 **Additional Cost:**

 **Description:** Designed for dedicated dancers who want to take their training to the next level. Students work on advanced technique, challenging choreography, performance quality, versatility, musicality and individual artistry. Company members are expected to demonstrate commitment, focus and teamwork while preparing for school productions, competitions, showcases and other performance opportunities.

HeadStart LAMDA Programme (London Academy of Musical and Dramatic Arts)

LAMDA_Introductory: Reception (30 minutes)

 **Term Fee:** 5,300 THB

 **Kit Requirement:** Plain black clothing for any exams and performances

 **Opportunities:** To take an internationally-recognised exam

 **Additional Cost:** up to 3,000 THB for the exam fee in term 3 if recommended

 **Description:** Our Reception classes give the students a chance to become familiar with the poems and activities needed for taking the exams in Year 1 without the pressure of having to take the exams, although for some students, we may advise they are ready. We spend our half hour moving and singing to fun songs, playing exciting games, learning funny poems, and talking about their favorite toys and games. They love to bring toys from home to tell the other children about them. Their work will be informally showcased in an end of Term 1 performance to their parents. Please note that students will be automatically pre-enrolled for terms 2 & 3, securing their place for the full year, but parents may withdraw at this point if preferred.

LAMDA_Introductory: Years 1 & 2

 **Term Fee:** 6,500 THB

 **Kit Requirement:** Plain black clothing for exams and any performances

 **Opportunities:** To take an internationally-recognised exam

 **Additional Cost:** up to 3,000 THB for the exam fee in term 3

 **Description:** For this course, the students recite a poem, talk about a favorite toy, picture, or book as well as carry on a conversation about games they play and other topics the LAMDA examiner might ask them about. The students learn self-confidence, presentation skills, vocal projection, and conversation skills from their preparation and games in term 1, and then focus on preparation for the exam during terms 2 and 3. Please note that students will be automatically pre-enrolled for terms 2 & 3, securing their place for the full year, but parents may withdraw at this point if preferred.

LAMDA_Acting & Performance: Years 3 to 4

 **Term Fee:** 6,500 THB

 **Kit Requirement:** Plain black clothing for exams and any performances

 **Opportunities:** To take an internationally-recognised exam

 **Additional Cost:** approximately 3,000-3,500 THB for the exam fee in term 3

 **Description:** The students prepare and present dramatic or comedic monologues or duologues for their exam and learn the various skills to do so, such as proper use of their body and movement, voice and speech, character development, and scene interpretation. This year they will spend term 1 learning performance skills through fun games and activities, showcasing their work to parents at the end of the term. Then they will focus on

preparation for the exam during terms 2 and 3. Please note that students will be automatically pre-enrolled for terms 2 & 3, securing their place for the full year, but parents may withdraw at this point if preferred.

LAMDA_Speaking in Public: Years 3 to 9

💰 **Term Fee:** 6,500 THB

👕 **Kit Requirement:** Plain black clothing for exams and any performances

★ **Opportunities:** To take an internationally-recognised exam

💰 **Additional Cost:** approximately 3,000-3,500 THB for the exam fee in term 3

📘 **Description:** This ECA is ideal for students who are confident in presenting or would like to develop their presentation skills. During the course the students prepare and present prepared speeches for their exam and learn the various skills to do so, such as proper use of their body and movement, voice and speech and persuasive skills. This year they will spend term 1 learning public speaking skills through fun games and activities, informally showcasing their work at the end of the term. Then they will focus on preparation for the exam during terms 2 and 3 which will include delivering a prepared speech from memory on a set subject. Please note that students will be automatically pre-enrolled for terms 2 & 3, securing their place for the full year, but parents may withdraw at this point if preferred.

LAMDA_ Acting: Years 5 to 9

💰 **Term Fee:** 6,500 THB

👕 **Kit Requirement:** Plain black clothing for exams and any performances

★ **Opportunities:** To take an internationally-recognised exam

💰 **Additional Cost:** approximately 3,000-3,500 THB for the exam fee in term 3

📘 **Description:** The students prepare and present dramatic or comedic monologues or duologues for their exam and learn the various skills to do so, such as proper use of their body and movement, voice and speech, character development, and scene interpretation. This year they will spend term 1 learning performance skills through fun games and activities. Then they will focus on preparation for the exam during terms 2 and 3. Please note that students will be automatically pre-enrolled for terms 2 & 3, securing their place for the full year, but parents may withdraw at this point if preferred.

Private Instrument Lessons

We offer one on one instrumental lessons in voice, piano, drums, saxophone, clarinet, flute, guitar, and violin. Contact capasecretary@headstartphuket.com for more information.

KGA Karpenko Gymnastics Academy Programme

Gymnastics is for everyone! No matter what activity you do, flexibility, strength and coordination will benefit from these sessions. Those starting out will learn the basics of movement and coordination while those older can tackle more advanced apparatus. The classes are focussed on developing specific gymnastics skills, increasing strength and flexibility and developing a strong core in a structured program delivered in a fun way. Class programs are aimed at our semi annual competition hosted in the main hall where the kids perform and show what they have been working on. Curriculum is designed by Head Coach Victoria Karpenko and administered by coaches with decades of experience coaching and as competitive athletes.

KGA_Artistic Gymnastics for Boys & Girls: Early Years & Reception / Years 1 to 3

💰 **Term Fee:** Early Years & Reception = 5,300 THB

💰 **Term Fee:** Year 1 to 3 (Group 1) = 6,000 THB

💰 **Term Fee:** Year 1 to 3 (Group 2 & 3) = 6,500 THB

🧰 **Kit Requirement:**

★ **Opportunities:** N/A

💵 **Additional Cost:**

Parents are required to sign a Release and Liability Waiver before their child can participate in this ECA

i Description: For Girls and Boys. artistic gymnastics develops acrobatics, flexible movement and strength by using a variety of gymnastics stretching techniques, body weight exercises, apparatus and equipment. Starting with basic acrobatics like cartwheels, bridge, handstand before developing twists and flips. Equipment such as bars, beam, trampoline and vault are used after basic foundations are established.

KGA_Rhythmic Gymnastics for Girls: Early Years & Reception / Year 1 to 3 / Years 4 to 6

💰 **Term Fee:** Early Years & Reception (Group 1 & 2) = 5,300 THB

💰 **Term Fee:** Early Years & Reception (Group 3) = 4,900 THB

💰 **Term Fee:** Year 1 to 3 =6,000 THB

💰 **Term Fee:** Year 4 to 6 = 6,500 THB

🧰 **Kit Requirement:**

★ **Opportunities:**

💵 **Additional Cost:**

Parents are required to sign a Release and Liability Waiver before their child can participate in this ECA

i Description: For girls. Rhythmic gymnastics combines elements of dance, gymnastics and ballet with apparatus such as clubs, ball, rope and hoop in a choreographed routine to music. We start with laying the foundations for this in our classes by building flexibility, strength and coordination before graduating to more complex and difficult elements which are combined in routine for competition or just fun.

Mind Craft with Maximise Child Development

Mind Craft_Years 4 to 6

💰 **Term Fee:** 6,000 THB

🧰 **Kit Requirement:** N/A

★ **Opportunities:** N/A

💵 **Additional Cost:** N/A

i Description: MindCraft is a cognitive and emotional regulation program for Year 4–6 students, combining brain challenges, anger management techniques, mindfulness, and storytelling. Led by a child development psychologist, it supports students in building critical thinking skills and emotional resilience in a fun, supportive environment.

Brain Play with Cyber Skill

Brain Play_Reception / Years 1 to 3

💰 **Term Fee:** Reception = 6,000 THB

💰 **Term Fee:** Years 1 to 3 (Group 1, 2, 3 & 4) = 6,500 THB

💰 **Term Fee:** Years 1 to 3 (Group 5) = 6,000 THB

🧰 **Kit Requirement:**

★ **Opportunities:**

💵 **Additional Cost:**

i Description: The BrainPlay program by CYBERone prepares children for reading, writing, and coding by strengthening both the left and right hemispheres of the brain — especially the connections between them. This enhances both logical and creative thinking, giving children a lasting advantage. Since these neural pathways are most actively developed at this age, it's the ideal time to build a strong cognitive foundation.

Coding by CyberOne

“Think, Create, Adapt — Don't Just Code!” At CyberOne Phuket, we empower kids to shape the future!

AI Coding Lab_Primary / Secondary

💰 Term Fee: A1, A2, B1 & B2 = 6,500 THB

💰 Term Fee: A3 & B3 = 12,500 THB

💰 Term Fee: C1 & C2 = 6,000 THB

💰 Term Fee: C3 = 11,500 THB

🧰 Kit Requirement:

★ Opportunities:

🔴 Additional Cost:

i Description: AI Coding Lab is a personalised learning programme where every student doesn't just study code — they build a real project of their own, from a game or mobile app to a working AI assistant.

Unlike traditional lessons, where the whole class works on the same task, AI Coding Lab lets each student move at their own pace, choose the direction that interests them, and build their own projects. The programme combines guidance from a teacher, modern AI tools, and hands-on learning through building real projects.

Mixed Martial Arts run by Phuket Grappling Academy

Parents are required to sign a Release and Liability Waiver before their child can participate in this ECA

MMA_Brazilian Jiu Jitsu: Reception

💰 Term Fee: 5,300 THB

🧰 Kit Requirement: N/A

★ Opportunities: N/A

🔴 Additional Cost:

i Description: The Brazilian Jiu Jitsu programme will introduce young children to martial arts and the basic concepts of grappling through a variety of simple exercises and games. The goal of the program is to help participants develop confidence and basic athletic skills such as balance, coordination and strength— hopefully encouraging them to continue their martial arts journeys and giving them a solid base to build from.

MMA_Brazilian Jiu Jitsu Beginners: Years 1 to 6

💰 Term Fee: 6,500 THB

🧰 Kit Requirement:

★ Opportunities:

 Additional Cost:

 **Description:** The Brazilian Jiu Jitsu beginners program will continue to use a variety of exercises and games in order to introduce students to martial arts and the basic concepts of Jiu-Jitsu and grappling. Participants will also begin to learn basic Jiu-Jitsu/grappling positions and techniques through simple drills as well as the introduction of controlled specific grappling sparring (no striking). This allows children to test the skills they are learning in a safe controlled environment and helps them to develop confidence and basic self-defense skills.

MMA_Mixed Martial Arts: Years 5 to 9

 **Term Fee:** 6,500 THB

 **Kit Requirement:**

 **Opportunities:**

 **Additional Cost:**

 **Description:** In the Mixed Martial Arts program participants will get the opportunity to experience training in different styles of martial arts, including basic grappling and striking techniques from boxing, Muay Thai, wrestling and Jiu Jitsu. Lessons will involve simple exercises, drills and games where students will learn the basics of each martial art and begin to combine them. As with all martial arts training, the goal is for students to develop confidence, self-defense skills and basic athletic attributes. All classes are taught by a multiple-time champion, Brazilian Jiu Jitsu Black belt and professional MMA fighter who competes at an international level.

Taekwondo with Pesuso Martial Arts Academy

Taekwondo_Foundation: Reception

 **Term Fee:** 6,300 THB

 **Kit Requirement:**

 **Opportunities:**

 **Additional Cost:**

 **Description:** Our Reception Taekwondo programme gives young children the perfect start to their martial arts journey, building confidence, coordination, and focus from day one. Through clear, structured instruction, students learn basic stances, blocks, and kicks—developing physical skills and a strong sense of respect, self-control, and achievement.

Taekwondo_Beginners: Years 1 to 6

 **Term Fee:** 7,500 THB

 **Kit Requirement:**

 **Opportunities:**

 **Additional Cost:**

 **Description:** The Beginners Taekwondo programme empowers children to develop discipline, focus, and physical fitness while mastering the fundamentals of this dynamic martial art. Students gain strength, flexibility, and coordination as they learn effective kicks, blocks, and strikes, and apply their skills in safe, controlled partner practice. With each session, they build confidence—not only in their self-defense abilities but also in themselves.

Judo with JUDO SCHOOL PHUKET THAILAND

Parents are required to sign a Release and Liability Waiver before their child can participate in this ECA

Judo_Foundation: Reception

💰 **Term Fee:** 5,300 THB

👕 **Kit Requirement:** Comfortable sportswear. Judo uniform (judogi) optional.

★ **Opportunities:** Children can progress through the judo belt system and participate in friendly competitions and events.

📋 **Additional Cost:** optional Judo uniform fees.

📘 **Description:** The Judo Foundation programme is designed for Reception children to discover judo in a fun, safe and supportive environment. Training is delivered by experienced coaches and champions. Children will learn the fundamentals of judo, including balance, movement, falling safely and basic throwing and grappling techniques. They will also develop coordination, confidence, respect, perseverance, self-discipline and body awareness.

Judo_Beginners: Years 1 to 6 / Years 7 to 9

💰 **Term Fee:** 6,500 THB

👕 **Kit Requirement:** Judo uniform (judogi) required.

★ **Opportunities:** Belt progression, participation in external competitions, and opportunities to join the Dojo Phuket judo club with the competition team.

📋 **Additional Cost:** optional Judo uniform and optional competition/event fees.

📘 **Description:** The Beginners programme introduces students to the fundamentals of judo while developing both physical and personal skills. Students will learn safe falling, throws, ground techniques, movement, gripping, balance and basic self-defence. They will improve strength, coordination, flexibility, confidence, discipline and the ability to work respectfully with others. Students will progress through the judo grading system and, for those who wish to compete, have opportunities to represent the school and Dojo Phuket Judo club in competitions.

Chess Club

Chess_Beginners: Years 2 to 6

💰 **Term Fee:** Group 1 = 6,500 THB

💰 **Term Fee:** Group 2 = 6,000 THB

👕 **Kit Requirement:**

★ **Opportunities:**

📋 **Additional Cost:**

📘 **Description:** Students will build a solid foundation in chess, starting from learning the game, then focusing on key endgame techniques, essential tactical motifs, and strategic planning. They will learn to effectively coordinate pieces, develop a basic opening repertoire, and understand key principles like controlling the center and king safety.

Chess_Intermediate: Years 3 to 9

💰 **Term Fee:** Group 1 = 6,500 THB

💰 **Term Fee:** Group 2 = 6,000 THB

👕 **Kit Requirement:**

★ **Opportunities:**

 Additional Cost:

 **Description:** At this level, students will deepen their strategic understanding and improve their tactical abilities. They will learn to formulate detailed game plans, master both elementary and advanced endgame techniques, and expand their opening repertoire. Advanced tactical motifs and more complex strategies will be covered to prepare students for tougher opponents.

Creative Connections with Dr Helene

Creative Connections_Years 3 to 6 / Years 7 to 9

 **Term Fee:** 6,500 THB

 **Kit Requirement:** N/A

 **Opportunities:** N/A

 **Additional Cost:** N/A

 **Description:** A psychology-informed art and wellbeing programme for young people, led by Dr Helene, Clinical Psychologist.

Based on the SOMA method, the programme develops four foundations of wellbeing: Social Connection, Openness to Enjoyment, Meaning & Purpose, and Action & Agency. It takes a strengths-based approach, helping young people recognise and develop their personal qualities.

Art and creative expression are at the heart of the programme, providing an engaging way to explore emotions, build confidence and strengthen wellbeing. Sessions draw on over 40 engaging activities, combining creativity, mindfulness and practical psychological skills.

Table Tennis with Phuket Table Tennis Club

Table Tennis_Masterclass Beginners to Intermediate: Years 3 to 6 / Years 5 to 9

 **Term Fee:** 6,000 THB

 **Kit Requirement:**

 **Opportunities:**

 **Additional Cost:**

 **Description:** Our Table Tennis ECA offers a dynamic and engaging environment for students to develop their skills and passion for table tennis. Open to all skill levels, the club provides professional coaching, friendly matches, and opportunities for competitive play. Members benefit from improved reflexes, strategic thinking, and physical fitness while fostering teamwork and sportsmanship. With state-of-the-art equipment and a supportive community, students will enjoy a fun, social, and healthy extracurricular activity. Whether aiming to compete or just play for fun, our club is the perfect place to enjoy the exciting world of table tennis.

Tennis at Peak Racquet Club with Prime Tennis Academy

Tennis_Early Years / Reception

*At 14:30 a HeadStart school bus will transport the children to Peak Racquet Club.
Foundation pupils will be accompanied by a Foundation Teacher at all times.
Parents can follow procedures and collect their child from their classroom at 15:20.

 **Term Fee:** Early Years = 6,000 THB

 **Term Fee:** Reception = 6,500 THB

 **Kit Requirement:**

★ **Opportunities:**

💰 **Additional Cost:**

i Description: This program introduces young children to tennis through fun, safe, and engaging activities. We focus on developing motor skills, hand-eye coordination, and a love for the game — not on technical perfection.

Key Objectives:

- Basic movement: running, jumping, balancing, agility games
- Racket & ball play: rolling, tapping, catching with soft balls
- Coordination: fun drills using balloons, mini nets, and soft equipment
- Listening & social skills: teamwork, following instructions
- Enjoyment: playful sessions that create a positive sports experience

Perfect for helping your little one build confidence, coordination, and a joyful connection to sport from their very first swing.

Tennis_Years 1 to 6

*At 15:30 a HeadStart school bus will transport the children to Peak Racquet Club.

Primary and Secondary pupils will be accompanied by a Deputy Teacher in the bus.

This is a one way route. Parents are expected to collect their child from Peak Racquet Club at 16:30.

💰 **Term Fee:** Monday = 7,100 THB

💰 **Term Fee:** Thursday = 7,700 THB

🧰 **Kit Requirement:**

★ **Opportunities:**

💰 **Additional Cost:**

i Description: At this stage, Primary children develop strong tennis fundamentals while enjoying active, motivating sessions. Training improves coordination, sport-specific skills, and an understanding of how to play the game.

Key Objectives:

- Tennis basics: grips, forehand, backhand, volley, serve, and footwork
- Physical development: agility, balance, coordination, speed
- Game understanding: rules, court positioning, simple points and games
- Character building: confidence, discipline, sportsmanship
- Fun & motivation: team games, mini-matches, and positive coaching

Ideal for children who are ready to build real skills, stay active, and develop focus and discipline — all while having fun with friends.

Tennis_Years 7 to 9

*At 15:30 a HeadStart school bus will transport the children to Peak Racquet Club.

Primary and Secondary pupils will be accompanied by a Deputy Teacher in the bus.

This is a one way route. Parents are expected to collect their child from Peak Racquet Club at 16:30.

💰 **Term Fee:** Monday = 7,100 THB

💰 **Term Fee:** Thursday = 7,700 THB

🧰 **Kit Requirement:**

★ **Opportunities:**

💰 **Additional Cost:**

i Description: In Secondary and in the Intermediate level, training becomes more focused on refining technique, tactical awareness, and physical conditioning. Suitable for both recreational and competitive players.

Key Objectives:

- Technical refinement: consistency, accuracy, advanced stroke mechanics
- Tactical skills: game strategies, point construction, decision-making
- Physical fitness: strength, speed, agility, endurance
- Mental training: resilience, focus, and competitive mindset
- Match play: friendly games and competitive opportunities

Designed to help teens sharpen their skills, boost their confidence, and take their game to the next level — both on and off the court.

Dynamic Kids

Dynamic Kids_Reception

💰 **Term Fee:** 4,900 THB

🧥 **Kit Requirement:** Must wear shorts / appropriate clothing for physical activity.

★ **Opportunities:** N/A

📅 **Additional Cost:** N/A

i Description: Dynamic Kids is a fun, movement-based program designed specifically for Reception-aged children, helping them develop the physical skills, coordination, and confidence they need to move, play, and participate in sport with greater control.

Children will work on skills such as:

- Body control & awareness.
- Balance & coordination.
- Movement patterns.
- Neuromuscular connection.
- Object control.
- Confidence & independence.
- Strength & physical literacy.

Most importantly, Dynamic Kids is about helping children feel confident in what their bodies can do. Rather than focusing on competition or performance, sessions encourage exploration, effort, and learning through movement.

Our goal is to give every child a positive foundation for an active lifestyle — helping them become more confident, coordinated, capable, and comfortable in their own body.

Dynamic Kids_Years 3 to 6

💰 **Term Fee:** 6,000 THB

🧥 **Kit Requirement:** Must wear shorts / appropriate clothing for physical activity.

★ **Opportunities:** Kids competitions

📅 **Additional Cost:** N/A

i Description: Dynamic Kids is a fun, movement-based program designed for the next stage of a child's physical development. As children grow, the focus shifts from simply learning how to move towards developing the physical qualities that prepare them for sport, school, and everyday life.

The program uses General Physical Preparedness (GPP) principles to build a broad foundation of strength, coordination, fitness, mobility, balance, and body control. Children are exposed to a variety of movements and challenges that help prepare their bodies for the demands of different sports and activities — without specialising too early.

Children will develop key physical qualities including:

- Strength & stability.
- Coordination & movement skills.
- Balance & body awareness.
- Speed, agility & reaction.
- Object control.
- Mobility & movement quality.
- Work capacity & resilience.
- Confidence & physical preparedness.

Rather than preparing children for one specific sport, Dynamic Kids develops a broad range of physical abilities that can transfer across many sports and everyday activities. Whether it is running on the playground, carrying a school bag, climbing, playing football, swimming, jumping, or learning a new sport, the aim is to help children feel physically prepared and confident.

Our goal is to build well-rounded, physically literate young people who have the strength, coordination, confidence, and movement skills to take on whatever physical challenges come their way.

Floor Pilates

Floor Pilates: Years 4 to 6 / Years 7 to 9

💰 **Term Fee:** 6,500 THB

🧥 **Kit Requirement:** comfortable sports clothing

★ **Opportunities:**

📅 **Additional Cost:** N/A

📘 **Description:** Students will build a foundation in functional movement designed to build deep core strength, dynamic balance, and physical agility. Students will develop body awareness and control through moves that directly enhance performance across all sports from running and football to dance and gymnastics while building resilience against common youth sport injuries.

Food Lab

The Food Lab_Years 3 to 6 / Years 7 to 9

💰 **Term Fee:** 6,500 THB

🧥 **Kit Requirement:** No kit required

★ **Opportunities:**

📅 **Additional Cost:** N/A

📘 **Description: The Food Explorers Lab** is a fun, hands-on programme where children learn about food, health and wellbeing through experiments, tastings, challenges and creative projects. Along the way, they will learn about nutrition, gut health, sleep and healthy habits, while building confidence, teamwork and entrepreneurial skills they can use in everyday life.

Formula Fun

Go Karting Experience: Years 3 to 9

*At 15:30 a bus will transport the children to Formula Fun. Primary and Secondary pupils will be accompanied by a Formula Fun Staff in the bus.

This is a one way route. Parents are expected to collect their child from Formula Fun at Monday 17:00 and Friday 16:40

💰 **Term Fee:** 12,600 THB

🧥 **Kit Requirement:** No kit required

★ **Opportunities:**

🚫 **Additional Cost:** N/A

📘 **Description:** Students will develop a comprehensive foundation in motorsport discipline, physical coordination, and track safety. Led by certified coaches, this program guides students step-by-step through core racing mechanics:

- Safety & Ergonomics: Track flag systems, pit rules, and proper 9:15 steering and pedal controls.
- The Racing Line: Learning geometric lines, late apexing, and corner phases.
- Weight Transfer: Understanding grip dynamics and visual mechanics.
- Racecraft: Navigating overtaking rules and participating in structured, non-contact passing drills.
- What They Gain: Elite personal and character discipline, improved time management, and emotional regulation under pressure.
- Registration Inclusions: Structured training and a safe, professional environment with no prior personal racing kits required.

Go Karting Advanced Rider: Years 3 to 9

*At 16:30 a bus will transport the children to Formula Fun. Primary and Secondary pupils will be accompanied by a Formula Fun Staff in the bus.

This is a one way route. Parents are expected to collect their child from Formula Fun at Monday 19:00 and Friday 18:40

💰 **Term Fee:** 23,600 THB

🧰 **Kit Requirement:** No kit required

★ **Opportunities:**

🚫 **Additional Cost:** N/A

📘 **Description:** Students will undergo an intensive, elite driver development program designed to prepare them for professional competitions. Led directly by our Head Coach (an ex-karting champion), this advanced curriculum focuses on highly technical racing skills:

- Advanced Braking: Micro-braking and trail-braking to maximize tire dynamics.
- Telemetry Analysis: Deep-diving into speed traces, throttle graphs, and data deconstruction.
- Race Strategy: Mastering draft slipping, breaking the tow, line defense, and tire heat management.
- Athletic Conditioning: Reflex training and high-stamina mock race simulations to manage lateral G-forces.
- What They Gain: Real-world athletic trajectories that position talented students to qualify for Thai National Championships.
- Registration Inclusions: Comprehensive data tracking, and a dedicated pathway toward national and global competitive series.

Play Club at The Flying Lizard Phuket

Flying Lizard_Cook and Play: Years 1 to 3 / Years 4 to 6

*At 15:30 a HeadStart school bus will transport the children to Flying Lizard Phuket.

Primary and Secondary pupils will be accompanied by a Deputy Teacher in the bus.

This is a one way route. Parents are expected to collect their child from Flying Lizard Phuket at 16:30.

💰 **Term Fee:** Years 1 to 3 = 6,500 THB / Years 4 to 6 = 6,000 THB

🧰 **Kit Requirement:** No kit required

★ **Opportunities:**

🚫 **Additional Cost:** N/A

i Description: A fun and engaging after-school experience that combines creativity, learning, and play. Each week, children will learn how to prepare a new dish with guided hands-on cooking activities designed to build confidence in the kitchen and encourage healthy eating habits. After the class, they can enjoy supervised free play in Flying Lizard's indoor and outdoor play areas, giving them the perfect balance of learning, creativity, and active fun.

Flying Lizard_After School Club: Years 1 to 6

*At 15:30 a bus will transport the children to Flying Lizard Phuket.

Primary and Secondary pupils will be accompanied by a Flying Lizard Staff in the bus.

This is a one way route. Parents are expected to collect their child from Flying Lizard Phuket at the end of session.

\$ Term Fee: Monday = 6,000 THB and Tuesday, Wednesday, Friday = 6,500 THB

🧰 Kit Requirement: No kit required

★ Opportunities:

📅 Additional Cost: N/A

i Description: The perfect way for children to unwind and burn off energy after a busy school day. Kids can enjoy a variety of games, activities, and free play while socialising with friends and making new ones in a safe and engaging environment.